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# *Mental Health and Recovery for Licking & Knox Counties*

Treatment works. Recovery is possible.

## **PREVENTION · TREATMENT · CRISIS · RESOURCES**

Mental Health and Recovery for Licking and Knox Counties is committed to meeting the board's statutory role as a local planning authority charged with responsibility for planning and implementing a system of behavioral health care services within Licking and Knox Counties. MHR's measurable statements provide the direction and operational focus needed to attain our areas of public policy focus and established outcomes

- Service Delivery System – Plan the continuum of care that is determined by assessed needs, based on Recovery-Oriented System of Care principles, uses trauma-informed and culturally responsive best practices and leads to greater community health and wellness
- Sustainability – Ensure long-term fiscal viability, demonstrates good stewardship of public dollars, and stabilizes the continuum of care
- System Workforce – Recruit and retain a quality workforce
- Advocacy & Public Relations – Provide advocacy and public education promoting equity, leading to greater awareness of recovery and resiliency, improved access to care, and reduced stigma

Our outcome-driven programs provide clear evidence that mental health and substance abuse funding in our communities benefit everyone.

### *Programs That Assist People in Accessing Care*

- 189 children and their families were served by the **Youth Mobile Crisis Team**. 100% avoided long-term out of home placement
- 5,687 calls were made to the **Pathways 211 Crisis Call Center**. 5389 adults & 298 youth benefited from crisis hotline services.
- 86% of the 6830 calls using Pathways 211 Information and Referral Services contacted at least one referral
- 898 people (age 12+) receiving immediate behavioral health services in **BHP's Care Now Urgent Care Clinics**. 99% received ongoing care in the community

### *Programs that Support Recovery and Improve Mental Health*

- 1,173 adults using substances received outpatient services. 77.5% reported improved functioning
- 69 youth using substances received outpatient services. 61% reported improved functioning
- 4,371 adults with mental health issues received outpatient services. 70% reported improved functioning
- 555 youth with mental health issues received outpatient services. 65% reported improved functioning
- 62% of adults using peer support services reported a higher level of functioning. 100% of people using family mentoring services reported they could effectively use community resources
- In Knox County, 650 naloxone kits were purchased with 258 people educated about infectious diseases and overdose prevention. Using SBIRT, 480 people were screened for potential SUD issues

## *Programs that Address Health Disparities and Basic Needs*

- 48 adults participated in the scattered site transitional housing program offering housing & supportive services. 95% exited the program and obtained housing
- 87% of the 226 adults using the Bridges Out of Poverty program reported higher levels of functioning with 79% retaining or increasing their employment or remaining in educational/vocational programs
- 94% of adults served in substance use disorder residential treatment programs and participating in the FAST Track Employment program retained their employment beyond 30 days
- 100% of people, 1069 served using domestic violence prevention, crisis, and advocacy services, and 91.5% using DV sheltering reported increased confidence and awareness in using community resources. DV shelters served 353 people including 104 children and 47 families
- 62 Addiction Treatment Program requests were made from special docket addiction courts for the basic needs of participants. Supports included short-term rent, assistance in paying utility bills, clothing needed for employment, and phone cards assisting adults in remaining successfully in recovery.

## *Prevention Programs that Improve Health & Wellness*

- 2,174 adults participated in parent education programs. 97% reported improvements in parenting skills & behaviors. 95% reported improved behaviors in their children
- 7700+ students received school-based services promoting substance abuse prevention, safe and healthy relationships, anti-bullying, problem-solving & conflict management, peer support & mentoring, and mental health and wellness. 96% of students reported or demonstrated increased developmental competencies – skills and/or behaviors
- Almost 3000 people received suicide prevention education. 91% of students receiving Signs of Suicide education demonstrated an improved attitude about reaching out for help. 100% of adults participating in Mental Health First Aid or Gatekeeper Training reported an increased knowledge of how to effectively respond to a suicide crisis.
- Over 900 people from Licking County businesses, the chamber of commerce, schools and universities, and community, civic, and governmental groups received presentations promoting addressing mental health and wellness. 120 people attending the Knox County Communities Coming Together Conference.

## *Numbers Served in Programs*

**6,678 Treatment**

5,544 Adults

1,134 Youth

**5,687 211 Crisis Hotline**

**2,603 Urgent Care & Crisis Services**

**94 Housing**

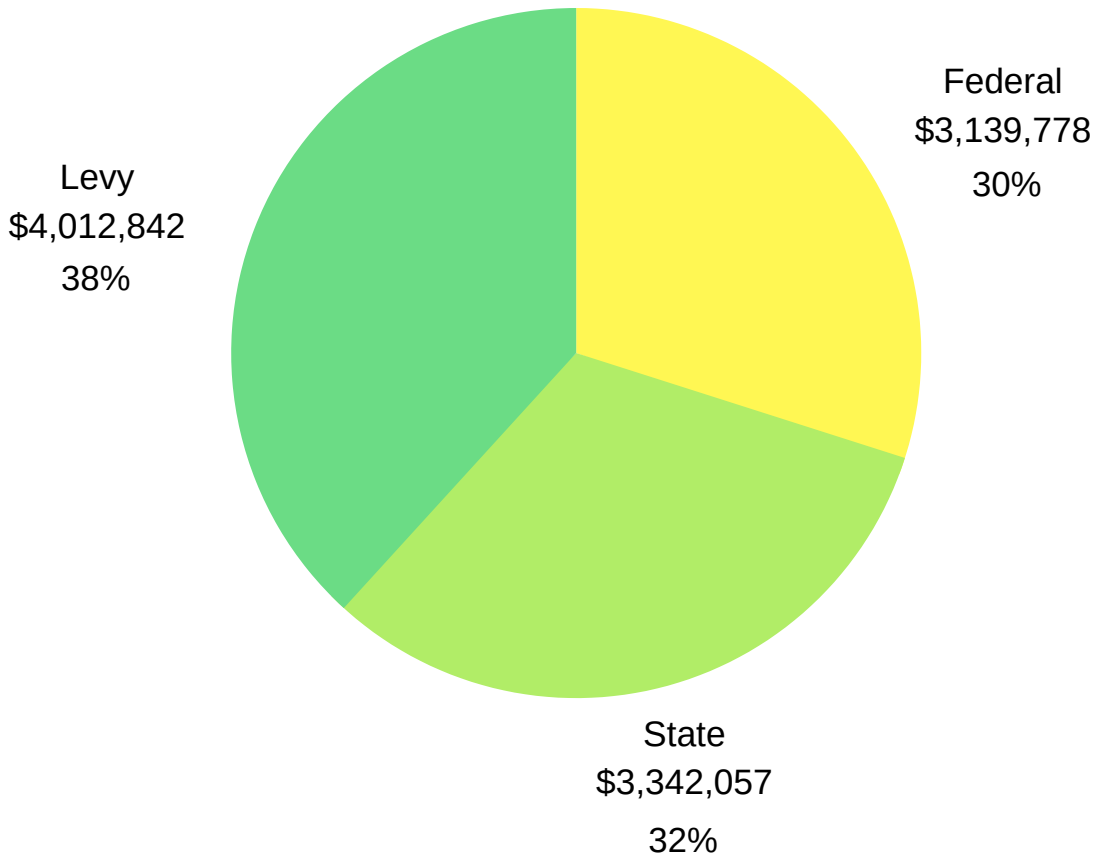
**314 Employment/Vocational**

**6,830 Information & Referral**

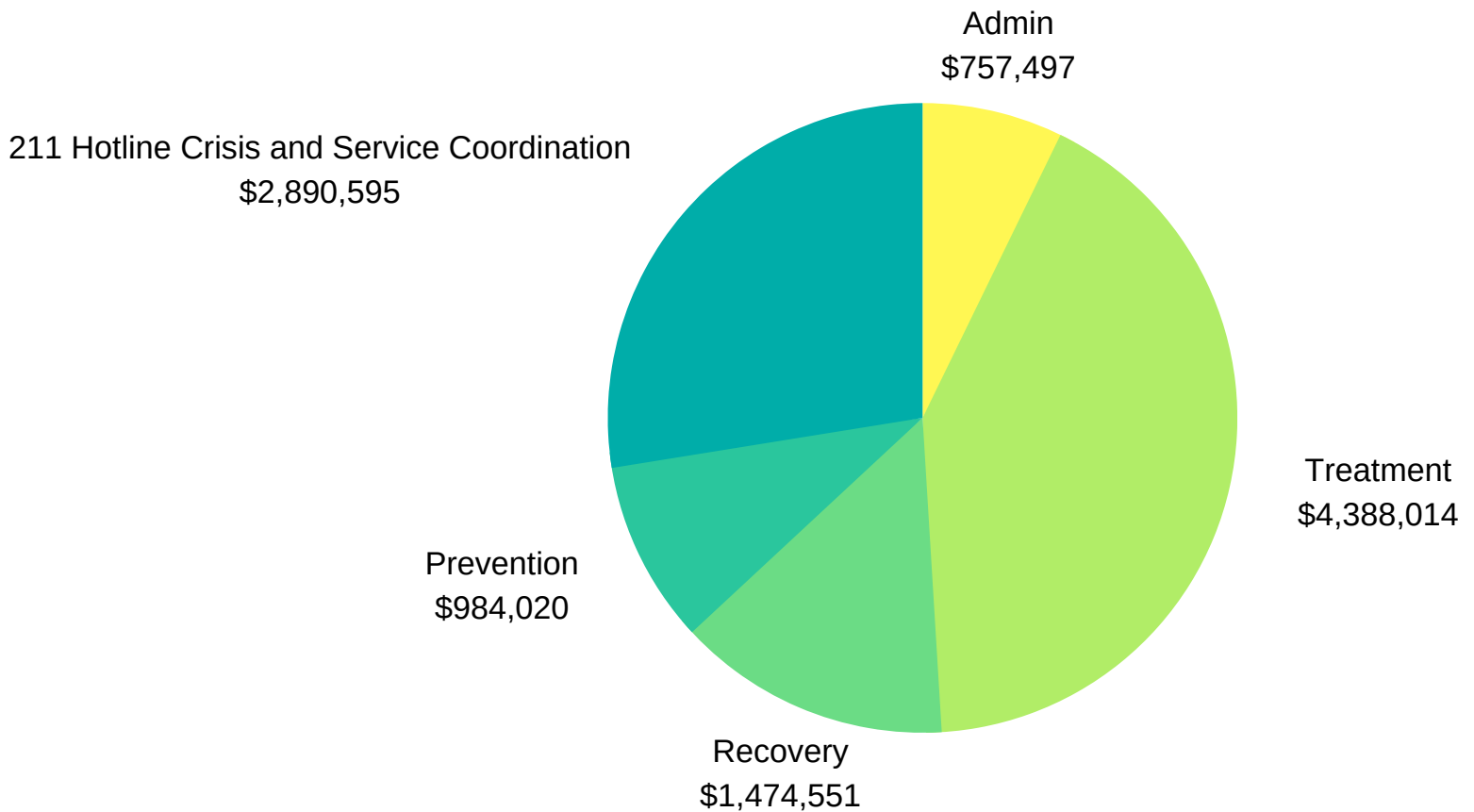
**915 Consumer Peer Support**

**11,965 Prevention/Early Intervention**

***SFY22 Funding Sources - \$10,494,677***



***SFY22 Expenses \$10,494,677 (unaudited)***



## Providers of Care

The MHR Board provides the community safety net and manages a full continuum of mental health and alcohol/drug prevention and treatment services designed to address the needs of persons in Licking and Knox Counties.

**Toll-Free Information & Emergency Hotline 1-800-544-1601  
or 211 or Text zip code to 898211**

**(24 hours a day / 7 days a week) All calls are strictly confidential.**

### Knox County

**The Freedom Center**  
Outpatient Drug and Alcohol Treatment and Prevention  
106 East Gambier Street, Mount Vernon, OH 43050  
Ph# (740) 397-2660 [www.freedomctr.net](http://www.freedomctr.net)

**Behavioral Healthcare Partners of Central Ohio (BHP)**  
Outpatient Mental Health Treatment Residential and  
Outpatient Alcohol and Drug Treatment  
8402 Blackjack Road, Mount Vernon, OH 43050  
(740) 522-8477 or Toll Free 877-593-6330  
[www.bhcpartners.org](http://www.bhcpartners.org)

**The Main Place Inc.**  
Consumer-Operated Recovery and Peer Support Services  
117 W. High Street, Mount Vernon, OH 43050  
Ph# (740) 392-9491 [www.themainplace.org](http://www.themainplace.org)

**New Directions**  
The Domestic Abuse Shelter and Rape Crisis Center  
of Knox County  
P.O. Box 453, Mount Vernon, OH 43050  
Ph# (740) 397-4357 [www.newdirectionsshelter.org](http://www.newdirectionsshelter.org)

**Pathways of Central Ohio**  
24 Hour Crisis and Community Information Hotline  
Drug and Alcohol Prevention  
1627 Bryn Mawr Drive, Newark, Ohio 43055  
211 Hotline: 1-800-544-1601 or 211  
Office: (740) 345-6166 [www.pathwaysofcentralohio.org](http://www.pathwaysofcentralohio.org)

**Community Support Services**  
Knox County Family & Children First Council  
Ph# (740) 397-7177

**Licking County Children & Family First Council**  
Ph# (740) 670-8844

### Licking County

**Licking County Alcoholism Prevention Program (LAPP)**  
Outpatient Drug and Alcohol Treatment  
62 East Stevens Street, Newark, OH 43055  
Ph# (740) 366-7303  
621 W. Broad Street, Suite 1E Pataskala, OH 43062  
Ph# (740) 927-6862 [www.lapp.cc](http://www.lapp.cc)

**The Main Place Inc.**  
Consumer-Operated Recovery and Peer Support Services  
112 S. 3rd Street, Newark, OH 43055  
Ph# (740) 345-6246 [www.themainplace.org](http://www.themainplace.org)

**Mental Health America of Licking County**  
Mental Health Advocacy, Education and Prevention  
65 Messimer Drive, Newark, OH 43055  
Ph# (740) 522-1341 [www.mhalc.org](http://www.mhalc.org)

**Behavioral Healthcare Partners of Central Ohio (BHP)**  
Outpatient Mental Health Treatment, Residential  
and Outpatient Alcohol and Drug Treatment  
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Office: (740) 345-6166 [www.pathwaysofcentralohio.org](http://www.pathwaysofcentralohio.org)

**The Woodlands**  
Outpatient Mental Health Treatment and Shelter for  
Victims of Domestic Violence  
195 Union Street, Suite B1, Newark, OH 43055  
Ph# (740) 349-7066 [www.thewoodland.org](http://www.thewoodland.org)

### MHR Board Members – SFY22

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Dale Lewellen – Vice Chair (Licking)  
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Chair (Knox)  
Randy Anderson – Finance Chair (Licking)  
Connie White – Program/SUD Chair (Licking)  
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Mark VanHoose (Licking)  
Cindy Webb (Licking)  
Sherry Williams (Knox)

### MHR Board Staff – SFY22

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Emily Morrison, BA, Community Relations Coordinator  
Lynn Snider, BS, Executive administrative Assistant  
Marcy Hopkins, ASB, Fiscal Assistant  
Linda M. Myer, PhD, Our Futures Triple P Coordinator