

Mental Health Recovery for Licking & Knox Counties Strategic Plan 2023-25

Mission Statement

Our purpose, reflecting what we do, for who, and the outcome that drives us.

The mission of the Mental Health & Recovery for Licking and Knox Counties is to use Recovery and Resiliency Methodology to enhance the quality of life for individuals and families, and to diminish the problems caused by alcoholism, drug addiction and mental illness for the residents of Licking and Knox Counties.

Vision Statement

The organization's desired future state that must be strategically pursued.

The vision of the Mental Health & Recovery for Licking and Knox Counties will be accomplished through cost effective contracting with behavioral health providers who use Resiliency Recovery Methodology; and in cooperation with other local systems and citizens through the provision of quality treatment prevention and education for individuals and their families coping with behavioral health challenges.

Strategic Priorities

Measurable
statements providing
the direction and
operational focus
needed to attain the
organization's areas
of public policy focus
and established
outcomes.

1. Service Delivery System

Plan the continuum of care that is determined by assessed needs, based on Recovery-Oriented System of Care principals, uses trauma informed and culturally responsive best practices and leads to greater community health and wellness.

2. Sustainability

Ensure long-term fiscal viability, demonstrate good stewardship of public dollars, and stabilize the network of care.

3. System Workforce

Recruit and retain a quality workforce.

4. Advocacy & Public Relations

Provide advocacy and public education promoting equity, leading to greater awareness of recovery and resiliency, improved access to care, and reduced stigma.

5. Governance

Meet the role of the statutory planning authority charged with responsibility for planning and implementing a system of behavioral health care services within Licking and Knox Counties.

Strategic Priority Detail

The following tables outline the key indicators of public policy success that MHRL&K will pursue to meet current challenges and opportunities and successfully secure its mission. The development of these public policy statements and the identification of key indicators was undertaken through a community-inclusive process hosted by the Board's Ad Hoc Strategic Planning Committee. Approximately 25-30 people participated in each of the four plan development sessions. The full MHRL&K Board then discussed the Committee's proposals and finalized content prior to adopting the content.

1. Service	Deliv	very System. Plan the continuum of care that is determined by assessed needs, based				
	on ROSC principals, uses trauma informed and culturally responsive best practices and leads to					
greater community health and wellness						
Key	1a	Conduct a community behavioral health needs assessment				
Indicators	1b	Develop a comprehensive approach and develop infrastructure necessary for				
		improved access to care using 'No Wrong Door' practice				
	1c	Address health disparities and promote population health				
	1d	Implement evidenced based service practices to fidelity				
	1e	Implement ROSC – as a system best practice				
	1f	Implement trauma informed and culturally responsive approaches as a system best				
		practice				
	1g	Expansion of recovery supports – peer supports, transportation, vocational-				
		employment services				
	1h	Expansion of behavioral health crisis continuum of care including 24/7 MH/SUD crisis				
		center for all ages and additional BH urgent care units				
	1i	Participation in community homelessness/housing planning including the				
		development of a housing project				
	1j	Develop community navigators with community partners				
	1k	Increase integration of physical/behavioral healthcare promoting FQHCs and CCBHCs				
		and partnerships with local health systems				
	11	Early identification and intervention of behavioral healthcare issues especially those				
		related to early childhood, untreated depression and anxiety and addiction				
	1m	Evidenced based prevention practices promoting impact across the lifespan				
	1n	Expansion of family supports and services including mentoring and navigation,				
		parenting, and targeted services with community partners				

2. Sustainability. Ensure long-term fiscal viability, demonstrate good stewardship of public dollars, and stabilize the network of care				
Key Indicators	2a	Grant and other funding acquisitions to augment local resources and align with MHR priorities		
	2b	Improve services by increasing the effective and efficient use of resources		
	2c	Allocate non-restricted funds to meet local community need and gaps in services		
	2d	Recommission of the ad-hoc Levy Committee to plan for the 2025 levy		
	2e	Use of Innovations funding with provision of support and resources for the network of		
		care to strengthen operations and stabilize providers through promotion of strategic		
		and business planning		
	2f	Advocacy for behavioral health care policies including Medicaid and Medicare issues		
		with legislature		
	2g	Explore coordination of "back-office functions" for network providers		
	2h	Collaboration with partners to collect reliable data and accountable and standardized		
		outcomes measures to evaluate quality and effectiveness of care provided by the		
		network		
	2i	Strengthen existing and develop new partnerships to reinforce collaboration and		
		relationships needed to improve access including referral and care coordination		
	2j	Explore service procurement, funding methods, and contractual options allowable by		
		law		
	2k	Evaluating MHR and network of care infrastructure needs to meet future county		
		growth and development		

3. System Workforce. Recruit and retain a quality workforce			
Key	3a	Collaborate with area schools, colleges and universities, community based- providers,	
Indicators		and other key partners to develop a comprehensive plan to appeal to individuals	
		considering career paths to recruit and retain the workforce.	
	3b	Conduct a survey of network of care employee needs	
	3с	Develop a resource page on MHR social media and link to appropriate portals or	
		resources to offer current and potential workforce with employment openings,	
		continuing education opportunities and training resources, and networking.	
	3d	Provider leadership support and development to promote positive work culture	
	3e	Workforce funding to offer training opportunities with employer assistance for staff	
		time, employee health and wellness activities, and coordination of other CEU	
		trainings available within the network of care	
	3f	Partnerships for benefit pool options, recruitment and marketing efforts, and	
		retention strategies	
	3g	Targeted incentive and retention funding	
	3h	Development of paid intern positions leading to employment	
	3i	Work with area/regional developers and the business community to attract new	
		individuals to work in our communities and our field.	
	3j	Ensure that state and federal programs are fully leveraged to assist with workforce	
		retention and recruitment, including programs associated with health professional	
		shortage areas.	

4. Advoca	4. Advocacy & Public Relations. Provide advocacy and public education promoting equity, leading to				
greater awareness of recovery and resiliency, improved access to care, and reduced stigma					
Key	4a	Marshal the influence of the Board, its stakeholders, and the general public to ensure			
Indicators		that state and federal policy and financial decisions support the best behavioral			
		health outcomes for the people of Licking and Knox Counties.			
	4b	Utilize the influence of the Board, its stakeholders, and the general public to ensure			
		that state and federal policy and financial decisions recognize that the unprecedented			
		development associated with Intel's investment will require additional resources to			
		support and expand the local behavioral health system of care from prevention to			
		treatment to recovery supports.			
	4c	Consider changing the Board's name and branding from Mental Health & Recovery to			
		ADAMHS Board for go-forward clarity and true reflection of the mission.			
	4d	Conduct a public education and outreach campaign to promote the mission and role			
		of the Mental Health Recovery Board of Licking and Knox Counties, including the			
		importance of the local levy			
	4e	Conduct public education and outreach campaign(s) designed to address issues			
		associated with economic growth, stigma, and behavioral health services for children.			
	4f	Determine if appropriate diversity, equity and inclusion policies and practices are in			
		place across the system of care.			

5. Governance. To meet the role of the statutory planning authority charged with responsibility for planning and implementing a system of behavioral health care services within Licking and Knox Counties					
Key	5a	Ensure a full and diverse compliment of Board membership who meet the body's			
Indicators	Гh	established expectations			
	5b	Advance health equity, diversity, and inclusion across the system of care and in the community			
	5c	Provide education regarding population-based prevention and recovery leading to			
		policies addressing health disparities and promoting the social determinants of health			
	5d	Promote modernization of Ohio Revised Code Chapter 340 including exploring			
		innovative models of funding and contracting			
	5e	Form and strengthen local and state partnerships and collaborative efforts to			
		mutually plan behavioral health care strategies in the community including the use of ad-hoc board committees			
	5f	Formalize a quality metrics framework across the organization using state and			
		national standards that meet best industry standards			
	5g	Understand the Board's capacity and adjust accordingly for expected significant economic and population growth in the area and support the Executive Director in needed enhancements			

A Commitment to Implementation

The leadership of Mental Health Recovery of Licking and Knox Counties is committed to fully executing its strategic plan. Accountability for the implementation of each strategic priority will be overseen by the full Board and the Executive Director.

- The Executive Director will hold accountability for ensuring that priority-level work plans are developed with assigned action items to be completed by responsible parties by designated due dates.
- The Governance Committee will monitor each Strategic Initiative with the full Board monitoring overall plan implementation.
- The Executive Director will provide routine implementation reports detailing progress and any need for Board engagement or adjustment.

Finally, the strategic plan must remain dynamic going forward. As policies or other operating conditions change, the MHRL&K will stand ready to adapt priorities and actions steps to meets its important mission.